2014 COMMUNITY HEALTH ASSESSMENT

Board of County Commissioners
February 10, 2015
INTENDED OUTCOME

- Inform community decision-makers
- Help identify priority public health issues
- Guide health improvement strategies

Engage stakeholders in the development and implementation of a community health improvement plan (CHIP).
NEW IN THIS ASSESSMENT....

- Data Committee (Wright State, UD, GDAHA, Dayton Children’s, ADAMHS, Sheriff’s Office, CareSource)
- Focus Groups
- Health-related Quality of Life measure
- Disability
- Crime
- Injuries
- Accidental Drug Overdose
- Infant Mortality
- Outdoor Environment
- Access to Food
SECTIONS OF THE REPORT

Qualitative
- Community health focus groups summary

Quantitative
- Overall health
- About Montgomery County
- Health risks
- Health outcomes
- Special interest
- Built environment
- Access to care
- Maps
COMMUNITY FOCUS GROUPS

Populations
- Asians
- Blacks
- Latinos
- Senior Citizens

Questions
- What is the first thing that comes to mind when you hear the phrase, “healthy lifestyle?”
- What do you and others do to stay healthy?
- What are the top health issues you see facing your community?
- Do you or your family deal with any of these problems?
- When you face these problems, where do you go for help?
- What is something that your community could change to help you to be healthier?
<table>
<thead>
<tr>
<th>Focus Group</th>
<th>Top Concerns/Issues</th>
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<tbody>
<tr>
<td>African American Community</td>
<td>Access to healthy food</td>
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<tr>
<td>Asian Community</td>
<td>Depression, health education</td>
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<tr>
<td>Latino Community</td>
<td>Access to care</td>
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<tr>
<td>Senior Citizen Community</td>
<td>Lack of transportation, financial stability</td>
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</tbody>
</table>
• There has been a 78% increase in the number of drug overdose deaths since 2010.
• Heroin mentions in drug overdose deaths has increased 239% since 2010.
• Whites were twice as likely to die from an accidental drug overdose than Blacks.
• The highest proportions of drug overdose deaths were among 35 to 44 year olds, 45 to 54 year olds, and 25 to 34 year olds.
In 2012, there were 8 infant deaths for every 1,000 live births in Montgomery County.

Since 2003, the infant mortality rate has increased 10%.

The top cause of infant death is related to prematurity and low birth weight.

The fetal death rate is 3 times higher among Black women than White women.
Outdoor Environment

- Montgomery County has miles of paved trails that can be used for running, walking, bicycling, or skating.
- 18 MetroParks within the county offer walking trails, bike paths, and playgrounds that are free to residents and visitors.

Air Quality

- In the last 10 years, the Air Quality Index reached the *Unhealthy* level on only one day in 2007.

Access to Food

- More than half of the low income population of Montgomery County lives more than 1 mile from a grocery store.
- 18.0% of children live in food insecure households (a household that has limited or uncertain access to adequate food).
CALLS TO ACTION

- We challenge Montgomery County adults to serve daily as role models for healthy lifestyles.

- We challenge all individuals to adopt a healthy diet; exercise more; avoid tobacco, alcohol, drugs and unsafe sexual practices; and serve as mentors to help the next generation do the same.

- We urge all individuals to establish a relationship with a primary care provider.

- We encourage local public health system partners to continue promoting health equity to eliminate disparities in health outcomes.

- We challenge local public health system partners to explore policy, systems, and environmental changes to prevent chronic disease development.
NEXT STEPS

Education and Awareness

- News Release and media coverage
- Executive Summary distributed to community officials
- Full Report distributed to key stakeholders
- Community presentations

Community Engagement

- Development of community health improvement plan for priority areas
NEXT STEPS
COMMUNITY HEALTH IMPROVEMENT PLAN

CHIP Advisory Committee
Identify planning model
Conduct planning process
Identify priorities
Develop and implement the plan and measure outcomes
2015 Timing of Activities

Information / Data Sharing

- Health / Safety / Security
- Income / Stability
- Education / Life Skills

FCFC Strategic Plans

Five Year Financial Plan & MCoF Initiatives

Education Attainment

Diversify Economy

Coordinate, Collaborate, Cooperate

Measure and Market

Human Services Levy Allocations

Major Levy Agency Collaborative

Homeless Solutions II

January 2015

IMPLEMENTATION

August