



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AVAILABLE
TO
COUNTY
EMPLOYEES!

INTRODUCING VIRTUAL NUTRITION SERVICES



SCAN HERE TO REGISTER
FOR A VIRTUAL
NUTRITION PACKAGE!



**PLANS RANGE FROM
\$40-\$125**

Introducing virtual nutrition packages! Imagine, your very own nutrition expert to support you along each step of your nutrition journey. One of the Y's Registered Dietitians will become your resource to making your very own nutrition vision, a reality.

As an employee of Montgomery County, please contact Ali Schulze to register for a virtual nutrition package:
Ali Schulze - Director of Healthy Living
(937) 223-5201
aschulze@daytonymca.org

*Open to members only