



EmployeeCare

Premier Community Health's
Employee Assistance Program

Employee Assistance Program

Premier Community Health's Employee Assistance Program (EAP) is a comprehensive counseling service offered by your employer, Montgomery County, to assist with short-term counseling needs.

The **EAP** is **FREE**, voluntary and **CONFIDENTIAL** and available to you and household members to address a range of life problems, from **everyday** to **strenuous**.

Services Provided

For employees and members in their household:

- Short-term, solution focused counseling
- Assessment and referral
- Access to after hours support line
- Newsletters

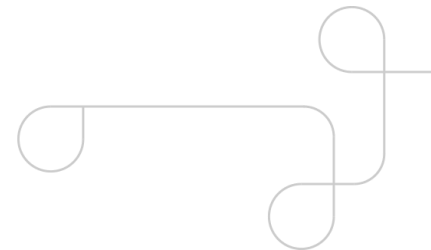
Also, stay tuned for upcoming workshops and trainings!



Kinds of Issues

- Stress management/conflict resolution
- Family relationship/parenting issues
- Couple/marital conflict
- Work related problems
- Emotional problems (anxiety, depression)
- Alcohol/drug abuse
- Grief
- PTSD/EMDR* Referral

*Eye Movement Desensitization and Reprocessing





EAP Staff

Our staff have a variety of licenses, certifications and specialties, including master's level licensed counselors, social workers, substance abuse professionals and lifestyle coaches.

Confidentiality

- **NO** information will be released without a client's permission.
 - The **ONLY** exception applies to individuals voicing harm to self or others.
 - Reports of abuse to a child, protected adult or pet.
- AND**
- Individuals mandated by law (DOT violation).

It's Easy to Access Care

Make an appointment
by calling:

937-208-6626

- OR -

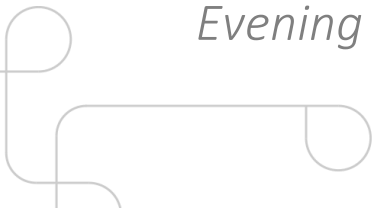
800-628-9343

By scanning the QR code:



*Appointments are made Monday – Friday,
between 8:00am and 6:00pm*

Evening and weekend appointments are available upon request.



TTY/Translator Services

TTY users: call the Ohio Relay Service* at 800-750-0750

Language interpreters are also available. When you call, please state the language you need, and we will coordinate translator services for your appointment(s).*

**Each call/session is handled in strict confidence.*

Care Where You Need

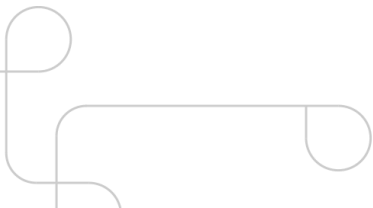
In-Person



Virtual



Telephonic



EmployeeCare's Main Office:

3170 Kettering Blvd.,
Building B
Moraine, Ohio, 45439

We are also willing to accommodate meeting at physical locations more approximate to workplace locations if needed.

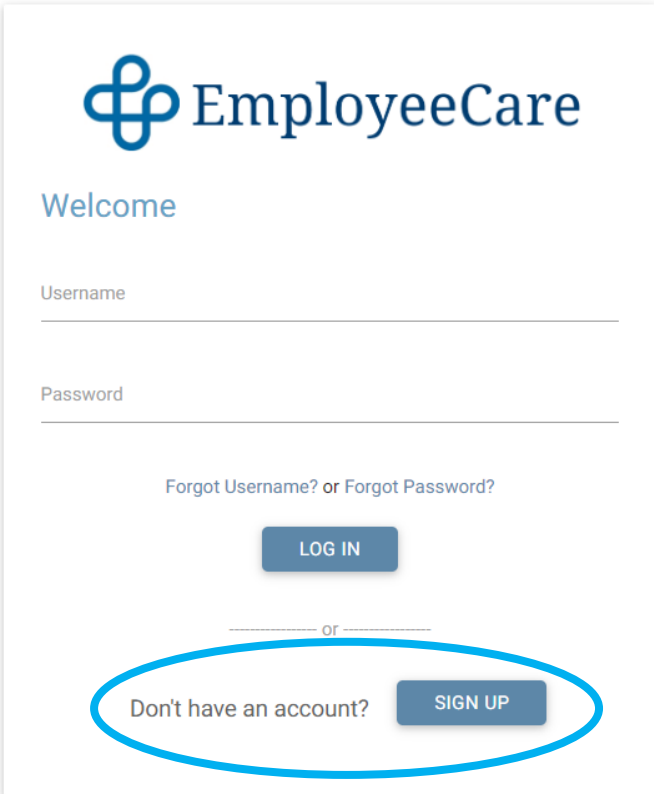
Access Online Resources

The [WellBeing+Me Portal](#) is your online tool which you can:

- Connect with an EAP team member
- Access assessment tools and monthly newsletters
- Explore many other resources for mental, social and emotional health

Create your private account today!

<https://mcohieap.personalhealthportal.net>



EmployeeCare

Welcome

Username

Password

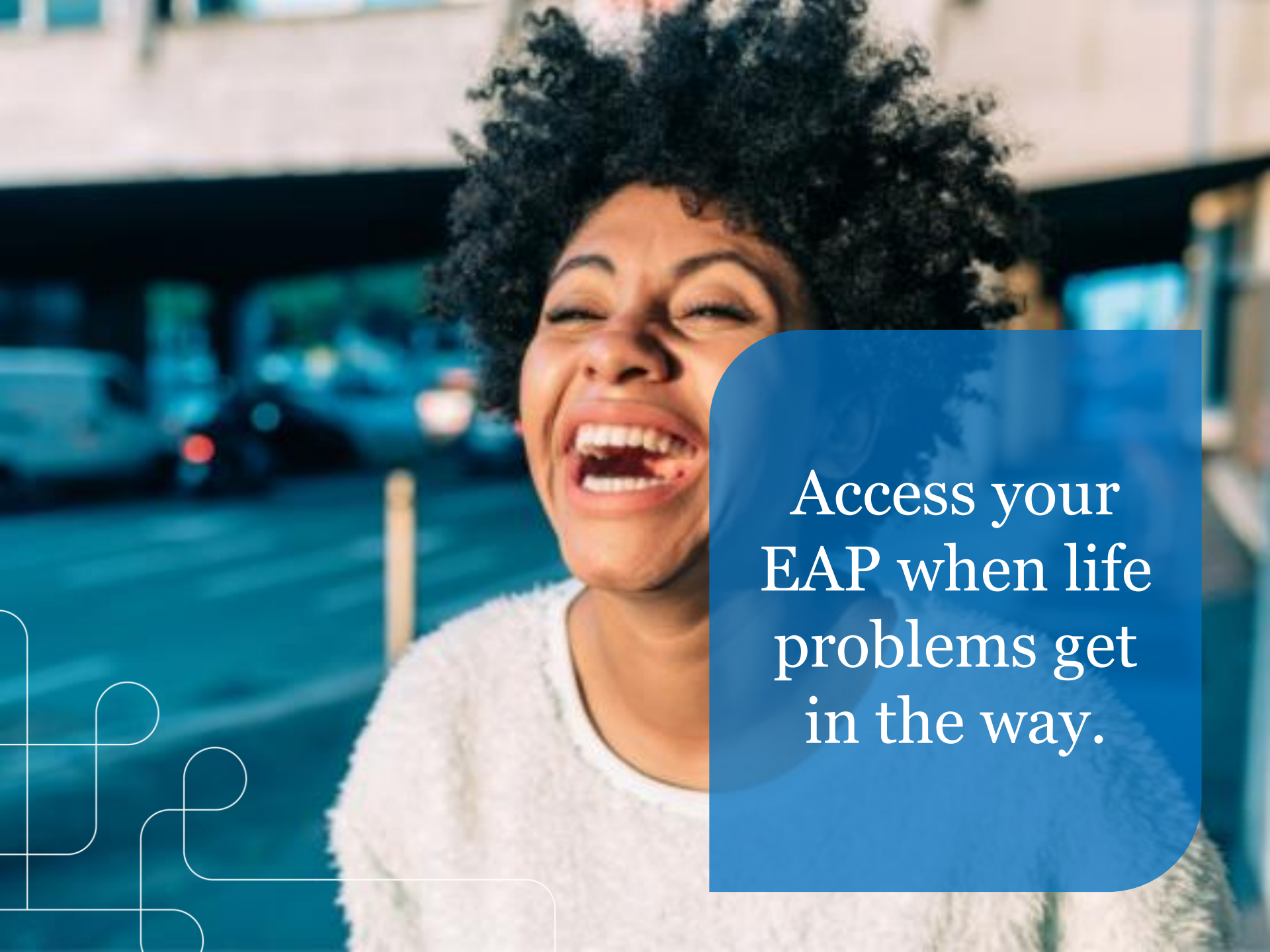
Forgot Username? or Forgot Password?

LOG IN

or

Don't have an account? SIGN UP

See your WellBeing+Me Portal Guide for details.

A woman with voluminous, dark curly hair is laughing heartily, her eyes are closed, and her mouth is wide open, showing her teeth. She is wearing a white, textured sweater. The background is a blurred city street at night, with warm streetlights and the lights of a car visible. A blue semi-transparent rounded rectangle is overlaid on the right side of the image, containing white text. In the bottom left corner, there is a white line-art graphic consisting of several interconnected loops and lines.

Access your
EAP when life
problems get
in the way.