



MONTGOMERY COUNTY ON-SITE WELLNESS SCREENINGS!

Screening dates will take place during the months of February and March. Schedule your appointment today!

TO SCHEDULE YOUR WELLNESS SCREENING:

If you are scheduling for the first time, please create an account by following the link below. If you are a returning user, follow the link below and enter your username and password from last year.

www.daytonymcabiometrics.com/signup/montgomerycounty

DID YOU KNOW?

- The screening takes 15 minutes to complete.
- You will leave the screening with all of your results.
- All results are kept confidential.
- Blood work is performed by a finger-stick.
- Fasting is preferred.
- Individuals without a membership receive a 30-day pass to the YMCA

SCREENING INCLUDES:

- Blood Pressure
- Total Cholesterol
- LDL 'Bad Cholesterol'
- HDL 'Good Cholesterol'
- Triglycerides
- Glucose
- Height/Weight
- BMI (Body Mass Index)
- Waist Circumference
- Review of Results

WHAT TO EXPECT? You must make an appointment before the scheduled date to attend screenings. **Please arrive at scheduled time.** No WALK-INS will be taken.

COVID-19 Guidelines: Temperature checks will be taken prior to entering screening. A mask must be worn during screening. Social distancing will be followed during screening.

*WHILE THE RESULTS OF THE BIOMETRIC SCREENING ARE NOT DIAGNOSTIC, THEY CAN BE USED TO DETERMINE RISK FACTORS FOR DISEASE, REVEAL EXISTING CONDITIONS, AND/OR GIVE A SNAPSHOT OF ONE'S CURRENT HEALTH.

If you encounter any issue or have questions, call (937) 223-5201 and let them know you work with Montgomery County.

2021 YMCA Wellness Screening Events

Location	2021 Dates	2021 Start	2021 End	Address	Room
Administration Building	2/1/2021	7:30 AM	5:00 PM	451 West Third Street	Room 1001-1002
Environmental Services	2/2/2021	7:00 AM	11:00 AM	1850 Spaulding Road	Lunchroom Conf. Room
Downtown YMCA (parking tokens provided)	2/2/2021	12:30 PM	3:00 PM	316 N. Wilkinson Street	Directions provided at lobby
Board of Developmental Disability Services (Southview) (only DDS employees are permitted to attend)	2/4/2021	8:00 AM	1:00 PM	25 Thorpe Drive	Room 60-61
Downtown YMCA (parking tokens provided)	2/5/2021	6:00 AM	8:30 AM	316 N. Wilkinson Street	Directions provided at lobby
Reibold	2/5/2021	10:00 AM	3:00 PM	117 S. Main Street	3rd FL large Training Room
Haines	2/8/2021	9:30 AM	3:00 PM	3304 N. Main Street	Assembly Room 1 & 2
Job Center	2/9/2021	8:00 AM	4:00 PM	1111 S. Edwin C. Moses Blvd	Assembly Room 1133
Stillwater (only Stillwater employees are permitted to attend)	2/10/2021	5:30 AM	8:30 AM	8100 N. Main Street	Multi-Purpose Room
Environmental Services Solid Waste	2/11/2021	7:00 AM	11:00 AM	2550 Sandridge Drive	Large Conference Room
Stillwater (only Stillwater employees are permitted to attend)	2/11/2021	4:00 PM	7:00 PM	8100 N. Main Street	Multi-Purpose Room
County Engineer	2/12/2021	8:00 AM	10:00 AM	5625 Little Richmond Road	Break Room
Juvenile Court - CAS	2/12/2021	2:30 PM	5:00 PM	333 Access Rd.	CAS Conference Room
Sheriff's Office Regional Dispatch Center	2/15/2021	10:00 PM	12:00 AM	460 Vantage Point	4th Floor Conference Room
Board of Developmental Disability Services (Northview) (only DDS employees are permitted to attend)	2/17/2021	8:00 AM	1:00 PM	8114 N. Main Street	TBD (construction)
Animal Resource Center	2/17/2021	3:00 PM	6:00 PM	6790 Webster Street	Conf./Training Room
Common Pleas Court	2/24/2021	8:00 AM	3:00 PM	41 N. Perry Street	Lower Level Conference Room
Job Center - Saturday Session	2/20/2021	9:00 AM	12:00 PM	1111 S. Edwin C. Moses Blvd	Assembly Room 1133
Administration Building	2/22/2021	7:30 AM	5:00 PM	451 West Third Street	Room 1001-1002
Job Center	2/19/2020	8:00 AM	3:00 PM	1111 S. Edwin C. Moses Blvd	Assembly Room 1133
Administration Building	2/25/2021	10:00 AM	3:00 PM	451 West Third Street	Room 1001-1002
Juvenile Court	2/26/2021	8:00 AM	3:00 PM	380 West Second Street	CASA/CRB Training Room
Sheriff's Office Headquarters Building	2/26/2021	10:00 PM	12:00 AM	345 West 2nd Street	3rd Floor Conference Room
Haines	3/2/2021	9:30 AM	3:00 PM	3304 N. Main Street	Assembly Room 1 & 2
Downtown YMCA (parking tokens provided)	3/3/2021	6:00 AM	10:00 AM	316 N. Wilkinson Street	Directions provided at lobby
Reibold	3/3/2021	11:30 AM	4:00 PM	117 S. Main Street	3rd FL large Training Room
Job Center - Saturday Session	3/6/2021	9:00 AM	12:00 PM	1111 S. Edwin C. Moses Blvd	Assembly Room 1133
Reibold	3/18/2021	9:00 AM	12:00 PM	117 S. Main Street	3rd FL large Training Room
Reibold	3/23/2021	9:00 AM	12:00 PM	117 S. Main Street	3rd FL large Training Room

Employees not able to attend a screening at their own location may register to have their screening performed at another location so long as that location is not a secure facility or locked down due to the COVID-19 pandemic.