

Addiction Services



Public Health

Prevent. Promote. Protect.

Dayton & Montgomery County

GAMBLING

101

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DEFINITIONS

- **What is gambling?**
 - Taking the chance of losing money, belongings or anything of value
 - When winning or losing is decided mostly by chance

GAMBLING: GAMES OF CHANCE (AND SKILL)



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GAMES OF CHANCE

- A game in which the outcome is at least partly determined by random variables rather than strictly by strategy
- Typical of most gambling activities
- Examples:
 - Lotteries
 - Bingo
 - Raffles
 - Scratch and Win Cards
 - Video Lottery Terminals (VLTs)

GAMES OF SKILL

- A game in which the outcome depends mainly on the *physical and mental skills* of the players, and only secondarily on chance
- Gaining in popularity
- Examples:
 - Poker (card games)
 - Sports
 - Darts
 - Arcade and Video Games
 - Multi-player Casino Games

GAMBLING FACTS

- Approx. 5% of people in Ohio have problems
- Over 582,313 people!
 - Diagnosable Gambling Problem
 - At-risk

GAMBLING PROBLEM?

1-800-589-9966



OHIO GAMBLING FACTS

- Any type of Gambling is ILLEGAL for youth under 18 years of age
- Lottery, Charitable Gaming, Harness Racing (horse betting)
 - ⦿ 18 years and Over
- Casinos, Pull-Tabs
 - ⦿ 21 and up
- Internet and Sports Betting = ILLEGAL

MONTGOMERY COUNTY GAMBLING RATES

- 63% gamble/have gambled
- 37% do not gamble
- Of those who gamble:
 - 14% Low risk
 - 4% Moderate risk
 - 1% High risk

GAMBLING FACTS

- Montgomery County problem gambling rate is HIGHER than Ohio's rate (3.8% vs. 2.8%)
 - ⦿ A large # are between 18 - 34
- People with alcohol or drug addiction at much higher risk for gambling problems
 - ⦿ 26% of Ohioans in addiction treatment

GAMBLING FACTS

- Approx. 80% of individuals struggling with gambling addiction consider committing suicide
- Of those considering suicide, 20% actually attempt to take their own lives
- **This is higher than any other addiction!!**

GAMBLING RISK FACTORS

- Individuals with behavior or mood disorders are at greater risk for problem gambling
- Some personality traits also increase peoples risk
- Problem gamblers are 3x more likely to have alcohol or drug problems
- Twice likelihood of depression

BE THE 95%



www.the95percent.org

- Responsible Gambling Tips
- Warning Signs
- Problem Gambling Quiz
- Community Toolkit
- Links to Treatment Providers
- Links to Self-Help Groups
- Training Resources
- Financial Education

WHY SOME HAVE PROBLEMS

- See it at a financial solution
- Early Win
- Hear about winners (not losers)
- Hang in there...
- Misunderstandings:
 - Coin flips
 - Video lottery terminals
 - Roulette wheel
- Don't understand odds
- Superstitions
- Think they are different

WARNING SIGNS

- 1) Borrowing for gambling
- 2) Lying about how much time or money is spent on gambling
- 3) Hiding time spent gambling
- 4) Hiding bills and unpaid debts
- 5) Restless or irritable when not gambling
- 6) Spending a lot of time gambling, thinking about or planning to gamble
- 7) Exaggerating wins and minimizing losses

RESPONSIBLE GAMBLING

- 1) Do it for fun
- 2) Only gamble with money set aside for entertainment
- 3) Set a dollar limit, Set time limit, stick to them both
- 4) Expect to lose
- 5) Never borrow money to gamble
- 6) Never gamble to cope
- 7) Avoid chasing losses
- 8) Create balance in life
- 9) Know the warning signs

HELP IS AVAILABLE

- Outpatient Problem Gambling Treatment
Addiction Services
Public Health - Dayton & Mont. Co
(937) 461-5223
- Support Groups
- Financial Assistance
- Self-Exclusion programs
- On-line resources

