



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



INTRODUCING 

# VIRTUAL NUTRITION SERVICES

Introducing virtual nutrition packages! Imagine, your very own nutrition expert to support you along each step of your nutrition journey. One of the Y's Registered Dietitians will become your resource to making your very own nutrition vision, a reality.

**\*OPEN TO MEMBERS ONLY**



SCAN HERE TO REGISTER  
FOR A VIRTUAL  
NUTRITION PACKAGE!



**PLANS RANGE FROM  
\$65-\$215**

\*If you would like to purchase a package for two people (spouse or parent/child), the fee increases by \$60

**FOR MORE INFORMATION, PLEASE CONTACT:**  
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