

## MEMORANDUM

TO: Employees of Montgomery County

FROM:

DATE:

RE: 2023 Wellness Registration for Fall Classes

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The Wellness Program is open to all full-time employees of the Montgomery County. Attached are copies of the Registration, and Waiver of Workers' Compensation Forms. The Sinclair Class Schedule can be accessed on the web at <http://regportal.sinclair.edu/>. Filter the classes by subject/dept = PED. You are eligible to enroll in any physical education class which fits your schedule. You will also have access to the PAC for Open Recreation Hours. Refer to the PAC website for further information [www.sinclair.edu/pac](http://www.sinclair.edu/pac)

Please remember to have and use your Tartan ID Card each time you enter and leave the locker rooms. Tartan Cards are available in the Office of Registration and Student Records in Building 10.

Please complete both forms, and return to me no later than **Wednesday, August 16, 2023**. Classes begin on **Monday, August 21, 2023 and end on December 10, 2023**. Most classes meet twice a week.

If you complete and turn in the "Registration/Add/Drop Form, Part A (Registration/Add Area)" **you will be enrolled** in the class you have listed. In order to release yourself from financial responsibility, you **must complete** "Registration/Add/Drop Form, Part B (Drop Area)" withdrawing from the class within the **allotted time** Sinclair allows (listed on their web site).

The non-credit courses will have a charge of \$25.00 or \$30.00. Any new student is subject to a new enrollment registration fee. Which is paid by the participant.

For individuals sixty and older:

College for Lifelong Learning Building 10 Room 10-425 Phone 937-512-2372  
<https://www.sinclair.edu/services/enrollment/lifelong/>

Link for Application for Admission – New students (\$20 lifetime fee) or those returning after taking a break from classes 2 or more years (returning students – no charge)  
<https://apply.sinclair.edu/>

If you have any questions, please let me know.