

MONTGOMERY COUNTY HUMAN SERVICES PLANNING & DEVELOPMENT
 FAMILY-CENTERED SERVICES & SUPPORTS

CRISIS PLANNING WORKSHEET

Family Name:	Date:
Predicted Crisis:	
What is the intent of the crisis/behaviors? <i>(Is it to get attention, control or avoidance of an issue?)</i>	
What happens as a result of the crisis? <i>(Natural, Negative & Positive)</i>	
Triggers <i>(environmental, behavioral, physiological?)</i>	
Physical signs of stress occurring:	
When, where and with whom does the crisis <u>MOST</u> likely occur?	When, where and with whom does the crisis <u>LEAST</u> likely occur?

Prevention	
What do we know works?	What else can we try?
Early Intervention	
What do we know works?	What else can we try?
What do we know DOESN'T work? What may intensify the crisis?	
Management Steps	
1.	
2.	
3.	
4.	
5.	