ADAMHS VISION

Montgomery County ADAMHS promotes wellness and recovery that reinforces and sustains healthy individuals, families, and communities that are free from stigma related to mental illness and addictions.
ADAMHS MISSION

To provide community leadership in planning, developing, and supporting high quality, innovative, and accountable mental health and addiction services and strategies so that all Montgomery County residents can achieve wellness.
STRATEGIC INITIATIVES

1. Be proactive in defining ADAMHS’ role, purpose, and values in the evolving landscape.

2. Explore, develop, and maintain collaborative opportunities with other key stakeholders as appropriate.

3. Explore potential linkages with other health-serving organizations in order to work towards full integration of the overall health system - physical and behavioral (“brain”) health.

4. Develop a system for collecting and analyzing population health data and outcome measurement to enable the Board to make data-driven decisions regarding funding allocations.

5. Ensure the system’s behavioral health providers are skilled and financially stable.

6. Conduct workforce development in order to build the capacity of community’s current system and to ensure there is a competent provider system.

7. Create a shift in the community’s mindset regarding healthy lifestyles and reduce stigma.
ADAMHS Montgomery County has over $10,000,000 in claims for treating Opioid use this year

• It’s the single highest paid primary disorder we have.
  • We spend 25% more on treating Opioid use then we do on the next highest item (Schizophrenia)
• The Average cost of Opioid Treatment is $4,124
  • Both Depressive Disorder and Bipolar Disorder combined don’t cost as much at Opioid Treatment
    • Depressive Disorder is $1,525
    • Bipolar Disorder is $1,884

Over 2,500 people receive treatment for Opioid use from ADAMHS Montgomery County

• Alcohol Use Treatment is only 1,000 people
• Opioid use claims are on average 88 claims per person,
  • 35% more claims per person on Opioid’s treatment then on the next highest item (Schizophrenia)
**Continuum of Care**

- **Universal**: Everyone regardless of risk before there is any indication of a substance abuse and/or mental health problem.

- **Selective**: Individuals who are at risk for developing substance abuse and/or mental health problems.

- **Indicated**: Individuals who are high risk because they are experiencing substance abuse and/or mental health problems, but do not have a diagnosed addiction or mental illness.

**Brain Health** is the complex, ever-changing interaction of our one-hundred billion neurons that makes us uniquely human. Our experiences, neuronal connections, and environmental influences make each of us distinctly our own selves.
### Stages of Change

<table>
<thead>
<tr>
<th>Stage</th>
<th>Description</th>
</tr>
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<tbody>
<tr>
<td>Precontemplation</td>
<td>The individual is not intending to change or even thinking about change in the near future (usually measured as the next 6 months).</td>
</tr>
<tr>
<td>Contemplation</td>
<td>The individual is not prepared to take action at present, but is intending to take action within the next 6 months.</td>
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<tr>
<td>Preparation</td>
<td>The individual is actively considering changing his or her behavior in the immediate future (e.g., within the next month).</td>
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<tr>
<td>Action</td>
<td>The individual has actually made an overt behavior change in the recent past, but the changes are not well established (maintained for 6 months or less).</td>
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<tr>
<td>Maintenance</td>
<td>The individual has changed his or her behavior, maintained the change for more than 6 months, and is working to sustain the change.</td>
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<tr>
<td>Stages of Change**</td>
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<tr>
<td>Precontemplation</td>
<td>“I won’t”</td>
</tr>
<tr>
<td></td>
<td>“I can’t”</td>
</tr>
<tr>
<td>Contemplation</td>
<td>Both good reasons for and against change</td>
</tr>
<tr>
<td>Preparation</td>
<td>Want to but...</td>
</tr>
<tr>
<td>Action</td>
<td>Doing it</td>
</tr>
<tr>
<td>Maintenance/Relapse</td>
<td>Now a habit or risk of lapse</td>
</tr>
</tbody>
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Source: Meadjohnson.com
RECOVERY ORIENTED SYSTEM OF CARE (ROSC)

17 Essential Elements for Recovery-Oriented Systems of Care.

*Individuals will have a menu of stage-appropriate choices that fit their needs throughout the recovery process. Choices can include spiritual supports that fit with the individual’s recovery needs.*
Figure 1: Conceptual Framework of a Recovery-Oriented System of Care

- **Outcomes**
  - Use of Evidence-Based Practices
  - Employment/Education
  - Addictions
  - Crime and Criminal Justice

- **Coordinated Systems**
  - Business Community
  - Mental Health
  - Primary Care
  - Indian Health Service

- **Services & Supports**
  - Alcohol/Drug
  - Mental Health
  - Vocational
  - Mutual Aid

- **Community**
  - Child Care
  - Health Care
  - Community Coalitions

- **Individual**
  - Peer Support
  - Housing/Transportation
  - Mental Health

- **Family**
  - Financial
  - Healthcare
  - Vocational

- **Resilience**
  - Cost Effectiveness
  - Child Welfare
  - Education

- **Recovery**
  - Perception of Care
  - Educational
  - Criminal Justice

- **Health & Wellness**
  - DoD & Veterans Affairs
  - Human Services
  - Organized Recovery Community

- **Ongoing Systems Improvement**
  - Access/Capacity
  - Social Connectedness
  - Reduced Morbidity

- **Services & Supports**
  - DoD & Veterans Affairs
  - Human Services
  - Organized Recovery Community

- **Community**
  - Child Care
  - Health Care
  - Community Coalitions

- **Individual**
  - Peer Support
  - Housing/Transportation
  - Mental Health

- **Family**
  - Financial
  - Healthcare
  - Vocational

- **Resilience**
  - Perception of Care
  - Educational
  - Criminal Justice

- **Recovery**
  - Stability in Housing
  - Employment
  - Reduced Morbidity

- **Health & Wellness**
  - Access/Capacity
  - Social Connectedness
  - Reduced Morbidity
Example of ROSC

- Philadelphia
  - Seven Building Blocks to creating a ROSC:
    1. Aligning treatment
    2. Providing individualized and high quality services
    3. Integrating recovery support services (RSS)
    4. Culture of peer leadership
    5. Intentional strategies of supporting communities
    6. Facilitating processes and partnerships
    7. Aligning administrative structures
INITIATIVES

• My Montgomery County
• The East Dayton AWARE Project
• Children Matter! Montgomery County!
• Project DAWN
• Rapid Response
• Mental Health First Aid/CIT
SERVICES

• MAT
• Detox
• Treatment
• Housing
• Recovery Housing
• Supportive Employment
• Drug Court
• Outpatient Day Treatment
• Women’s Therapeutic Program
• Training - - i.e. SBirt, Focused Trauma
MY MONTGOMERY COUNTY

Is this an emergency?

Yes

No

Finding Help

For additional treatment provider information, please Click Here
ASSESSMENT – WHAT IS IT?

http://screening.mentalhealthscreening.org/adamhs-montgomery

How Are You Feeling?

Mental health is a key part of your overall health. Brief screenings are the quickest way to determine if you or someone you care about should connect with a mental health professional - they are a checkup from your neck up. This program is completely anonymous and confidential, and immediately following the brief questionnaire you will see your results, recommendations, and key resources.

ADAMHS MONTGOMERY COUNTY
The time has come when we must rethink mental illnesses, addiction and dementia, and recognize them for what they are – brain disorders.
A Call to All Concerned Citizens
You Are Invited to Join Us For

Heroin Epidemic Community Conversation

A local conversation about the effects of heroin in our community and the resources that can help

Saturday, May 21 • 8:45 am - Noon
Complimentary Breakfast at 8 am - Ice Cream Social at Noon

This Event is Free of Charge!
Naloxone Training Available

Sinclair Community College
Ponitz Event Center Building 12
444 W. Third Street, Dayton, OH 45402

Sponsored by Sinclair Community College and the Montgomery County Drug-Free Coalition

Space is Limited / Register at
http://bit.ly/1XcTDfI
or Contact Us at (937) 985-2420
mcdrugfree@gmail.com

The Montgomery County Drug-Free Coalition and other local partner agencies are dedicated to bring change, recovery and healing for people who struggle with substance abuse. Together, we will continue to impact the residents of Montgomery County by investing our efforts for a brighter future.

CEU's available for Counselors, Social Workers and Chemical Dependency Counselors.

To register go HERE or Contact us at (937) 985-2420 or mcdrugfree@gmail.com