

Montgomery County FASD Initiatives

Board of County Commissioners Meeting
September 13, 2011



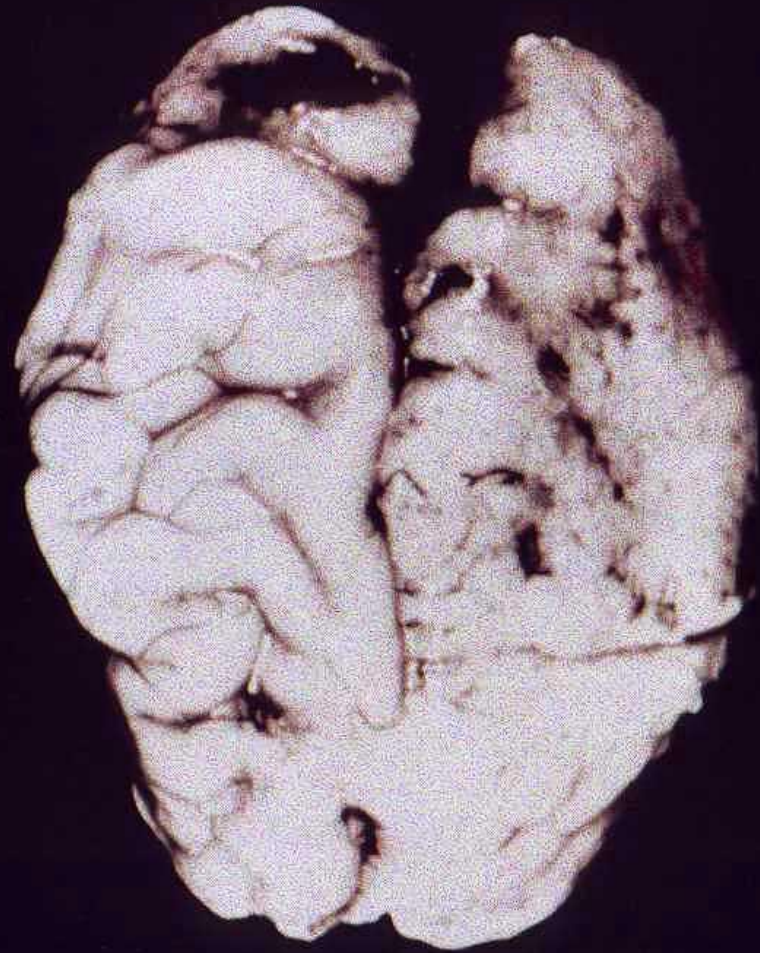
Montgomery County FASD Initiatives

A couple of reminders about FASD...

- Prenatal alcohol exposure is the leading known preventable cause of mental retardation in the United States.
- “Fetal alcohol Spectrum Disorders” (FASD) is not a diagnostic term used by clinicians. It is an umbrella term describing the range of effects that can occur in an individual who was prenatally exposed to alcohol.
- When a pregnant women drinks, the alcohol crosses the placenta into the fetal blood system impacting the fetus, its developing tissues, and organs.



6-Week Old Baby
"Normal" brain



6-Week Old Baby
"Fetal Alcohol Syndrome" brain

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Problems associated with prenatal alcohol exposure:

- Developmental delays
- Mental illness
- Problems with independent living
- Employment problems
- Trouble with the law
- Inappropriate sexual behavior
- Disrupted school experience



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According to the 2006-2007 Ohio Pregnancy Risk Assessment Monitoring Systems (PRAMS) used by the CDC...

50% of all pregnancies are UNINTENDED

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Drinking Among Women Age 15-44 in the United States*

- 1 in 2 report using alcohol in the past month.
- Approximately 1 in 4 report binge drinking.
- About 1 in 20 report heavy alcohol use.



*Source: US Department of Health and Human Services

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- The prevalence of FASD is estimated to be 10 per 1,000 births, meaning that FASD affects at least 40,000 newborns each year in the United States, **outranking both Down syndrome and autism in prevalence.**
- Of the 7,000 to 8,000 babies born in Montgomery County annually, it is estimated that **70 to 80 children** are born with FASD.

(May & Gossage, 2001)

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- There is no known safe amount of alcohol to use during pregnancy.
- There is no known safe time to drink during pregnancy.
- Fetal alcohol spectrum disorders can occur in any community where women drink.
- **FASDs are 100% preventable.**

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FASD efforts in Montgomery County:

- Montgomery County FASD Task Force
- Alcohol Screening and Brief Intervention Project
- Montgomery County FASD Community Capacity Building Project

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- September 9th is **International FASD Awareness Day** and is used to remind women not to drink during the 9 months of pregnancy.
- This is the 4th year the Task Force has coordinated events to raise awareness of FASD.
- Every year, we reach approximately 500 people with these messages. We are confident that **this year we will reach 800.**

MONTGOMERY COUNTY FASD INITIATIVES



1 drink is too many!

1 in 100 babies in Montgomery County are born with a Fetal Alcohol Spectrum Disorder every year

Drinking alcohol during pregnancy can cause learning disabilities, attention deficits, behavior disorders, birth defects, SIDS and even death.

There is no safe level of alcohol consumption during pregnancy!



Not a Single Drop

Human Services
MONTGOMERY

For more information, contact the Office of Family and Children First at 937-225-4695



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Protect Your Baby's Brain, Don't Drink Alcohol During Pregnancy

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Media toolkits are available for distribution including posters, stickers, brochures and pamphlets.

MONTGOMERY COUNTY FASD INITIATIVES

Grand Rounds and Conferences

- September 8th at 1:00 pm - Perinatal Nurse Managers Meeting
- September 9th – Fall Fest at Wright State University
- September 14th at 8:30 am - Grand Rounds (Dayton Children's)
- September 27th at 7:00 am - OB Office Nurses (Dayton Children's)
- September 28th at 8:00 am - Grand Rounds (Miami Valley Hospital)

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**Please join us in spreading the word
about FASD!**

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