

# YOUTH RESOURCE CENTER SUMMER WORKSHOPS

All workshops are **FREE** and open to youth ages 14-24. Please read the back for details of workshops.

## JUNE 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b>	<b>2</b>
<b>3</b>	<b>4</b> Risky Business 3:00-5:00pm	<b>5</b> 7 Steps to Problem-Solving 3:30-4:30pm	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>10</b>	<b>11</b> Risky Business 3:00-5:00pm	<b>12</b>	<b>13</b> Army Interviewing 3:30-4:30pm	<b>14</b>	<b>15</b>	<b>16</b>
<b>17</b>	<b>18</b> Risky Business 3:00-5:00pm	<b>19</b> Teen Parents Learn 3:30-5:00pm	<b>20</b> Employment Readiness Training 3:00-5:00pm	<b>21</b>	<b>22</b>	<b>23</b>
<b>24</b>	<b>25</b>	<b>26</b> Teen Parents Learn 3:30-5:00pm	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>

## JULY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b>	<b>2</b>	<b>3</b> Teen Parents Learn 3:30-5:00pm	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>8</b>	<b>9</b> My Generation Rx 3:00-4:00pm	<b>10</b> Teen Parents Learn 3:30-5:00pm	<b>11</b> Confidence and Command 3:30-4:30pm	<b>12</b>	<b>13</b>	<b>14</b>
<b>15</b>	<b>16</b>	<b>17</b> Teen Parents Learn 3:30-5:00pm	<b>18</b> Safe Food Handler Level 1 Training 1:00-4:00pm	<b>19</b>	<b>20</b>	<b>21</b>
<b>22</b>	<b>23</b>	<b>24</b> Teen Parents Learn 3:30-5:00pm	<b>25</b> Active Duty and Distracted Driver 3:00-4:00pm	<b>26</b>	<b>27</b>	<b>28</b>
<b>29</b>	<b>30</b> HIV/STI Prevention Youth Talk 3:00-5:00pm	<b>31</b> Teen Parents Learn 3:30-5:00pm				

## AUGUST 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b>	<b>7</b> Teen Parents Learn 3:30-5:00pm	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b> Record Expungement/Seal 3:00-5:00pm	<b>16</b>	<b>17</b>	<b>18</b>

# YOUTH RESOURCE CENTER

Located in The Job Center

1133 S. Edwin C. Moses Blvd. | Dayton, Ohio 45422 | (937) 496-7987 | youth@mcoho.org

## 2018 Summer Workshops

### Anger Management

(8 people maximum)

The Anger Management series is an educational class to help recognize and address feelings of anger in a healthy and appropriate way. Feelings of anger can and will impact your life in negative ways if those feelings of anger are not addressed in the right manner. The Montgomery County Youth Resource Center is offering 10-week anger management sessions that will help you master your feelings of anger. Dates and time available upon request.

### Army Interviewing - June 13 - 3:30pm to 4:30pm

Presenter: Sgt. Jonathan Burnell, U.S. Army Recruiter

An Army Recruiter will conduct an interview with youth and offer tips for a good job interview. In the workshop, we'll discuss posture, eye contact and tone of voice. We also offer advice on some preparation youth can take before the interview.

### Employment Readiness Training - June 20 - 3:00pm to 5:00pm

Presenter: Youth Resource Center

Obtaining a job can be one of the most challenging things, but it does not have to be! This intensive training will assist in searching for jobs, creating a resume, and preparing for interviews. You can benefit from this training and take that first step to getting that job you always wanted – please sign up today!

### Confidence and Command - July 11 - 3:30pm to 4:30pm

Presenter: Sgt. Jonathan Burnell, U.S. Army Recruiter

An Army Recruiter will discuss the essential components of portraying a commanding presence and the steps of building confidence, as well as resiliency training.

### Active Duty and Distracted Driver - July 25 - 3:00pm to 4:00pm

Presenter: Sgt. Jonathan Burnell, U.S. Army Recruiter

Active Duty - An Army Recruiter will discuss the differences between full and part-time duty, the differences in educational and financial bonuses, and the different jobs and training schedule for both.

Distracted Driver- An Army Recruiter will explain the perils of distracted driving and the risks that come along with texting and driving. Additionally, we explain the legal ramifications that come with being pulled over while texting.

### Risky Business - June 4, 11 and 18 - 3pm to 5pm

Presenter: Jenise Tidd, Public Health - Dayton & Montgomery County  
(15 people maximum)

Risky Business (RB) is a six-session holistic prevention intervention, developed by the Substance Abuse Resources and Disability Issues (SARDI) Program with Wright State University. RB was developed as part of a Problem Gambling Prevention Project funded by the Montgomery County Alcohol, Drug & Mental Health Services (ADAMHS) Board. The goal of the RB program is to increase perceptions of harm associated with risky behaviors and support protective factors related to good decision-making. Food is provided. Each session lasts approximately one hour, and session topics include:

- General decision-making
- Stress/Anger Management/Violence Prevention
- Youth and Problem Gambling
- Sexual Risk Behavior
- Alcohol and Drug Prevention
- Myths about Alcohol, Tobacco and Other Drugs

### Teen Parents Learn - Every Tuesday, June 19 thru August 7

Presenters: Elise Herzing and Kristen King - Catholic Social Services  
(15 people maximum)

The Montgomery County Youth Resource Center is teaming up with Catholic Social Services of the Miami Valley to offer CSSMV's "Teen Parents Learn" program at the YRC. Call (937) 299-LINK (5465) to register.

### My Generation Rx - July 9 - 3:00pm to 4:30pm

Presenter: Gail Dafler- Goodwill Easter Seals Miami Valley  
(20 people maximum)

"My Generation Rx" includes resources designed to educate teens about the importance of using medications safely, as well as teaching teens key skills to turn down invitations to misuse, and positive alternatives to cope with the demands of life.

### Safe Food Handler Level 1 Employee Training - July 18 - 1pm to 4:30pm

Presenter: Pat Holmes, MS, CFCS-OSU Extension Program  
(25 people maximum)

If you are interested in working in food service this course is for you. Safe Food Handler empowers employees as they learn how food becomes unsafe and what their role is in keeping food safe. Participants receive the ServSafe® Safe Food Handler Guide. Upon completion of this 4-hour course, the employee will receive a certificate. Must RSVP.

### HIV/STI Prevention Youth Talk - July 30 - 3pm to 5pm

Presenter: Kaeden Kass, Equitas Health

This workshop will be an open dialog about HIV/ STI prevention. Resources regarding HIV/STI prevention will be available.

### Record Expungement/Seal - August 15, 3pm to 5pm

Presenter: Brett Jung- Montgomery County Juvenile Courts

This workshop will inform youth 18 years of age and younger on how to remove, clear, and cut out a juvenile criminal record. Those who want general information about sealing and expunging juvenile criminal records do not need to RSVP.

To register, **CLICK** or **CALL**

### Montgomery County Youth Resource Center Hours:

Monday	9:00 a.m. - 6:00 p.m.
Tuesday	9:00 a.m. - 6:00 p.m.
Wednesday	9:00 a.m. - 6:00 p.m.
Thursday	9:00 a.m. - 6:00 p.m.
Friday	9:00 a.m. - 6:00 p.m.
Saturday	By appointment



The Youth Resource Center serves individuals between the ages of 14 and 24 and connects them to the resources they need to attain their educational, employment and health goals.